

Picture Your World

How could diabetes affect your vision?

All people with diabetes — whether type 1 or type 2 — are at risk for eye problems related to diabetes. Eye problems are more common in people who have had diabetes for a long time and in people who have not always had their diabetes well controlled. Not everyone with diabetes will develop eye problems. That's why it's important to get a dilated eye exam at least once a year.

NORMAL VISION

How things appear with *normal* vision



CATARACTS

How might you see the world with *cataracts*?

- Cause cloudy vision
- Develop earlier in people with diabetes
- NOTE: Cloudy vision is also a symptom of **elevated blood sugar**, which may resolve when blood sugar is controlled.



GLAUCOMA

How might you see the world with *glaucoma*?

- Cuts out peripheral vision
- Causes an increase in fluid pressure inside the eye which results in optic nerve damage and vision loss
- Adults with diabetes are nearly twice as likely to get glaucoma as other adults



ADVANCED RETINOPATHY

How might you see the world with *retinopathy*?

- May cause limited vision, spots, and blurring
- Usually affects both eyes
- Damages the blood vessels in the retina
- May eventually cause vision loss
- This is the most common eye disease among people with diabetes and is a leading cause of blindness in American adults



Diabetes Educators: Call 1-800-635-2288 for information or patient brochures.

Medicare Part B patients: Call 1-877-231-5199 and mention reference code **ED06500** to order your diabetes testing supplies.

Web site: www.RxSolutions.com/diabetes

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