

## **Asthma Medication Management**

☛ All patients diagnosed with asthma should be classified, and that classification should not change despite response to treatment and remission of symptoms.

☛ All patients with moderate to severe asthma should be placed on controller medications.

**We are looking for 3 or more controller dispensing events.**

☛ Follow the NY State 2008 Clinical Guideline for the Diagnosis, Evaluation, and Management of Adults and Children with Asthma for managing patients with asthma.

## **Asthma Action Plan**

The Asthma Action Plan is the best way to help children and families remember their treatment plan and follow it at home. Using this form can help save lives.

- ☛ Complete the Asthma Action Plan and educate patients or significant others on the importance of its use.
- ☛ Practice using the Asthma Action Plan with the patient or significant other.
- ☛ Set realistic goals with the patient for better asthma care management.
- ☛ Tell the family to keep the action plan posted in the same area so it is readily available.
- ☛ Tell the family to keep the medication in the one area so it is readily available at all times.
- ☛ Advise the patient on the proper usage of peak flow meters.
- ☛ Address asthma issues at every visit and review the Asthma Action Plan with patient.

New York State Asthma Guidelines are available online at [http://www.health.state.ny.us/diseases/asthma/pdf/2009\\_asthma\\_guidelines.pdf](http://www.health.state.ny.us/diseases/asthma/pdf/2009_asthma_guidelines.pdf)

Free Asthma Action Plans (English and Spanish) are available online at the [www.health.state.ny.us/nysdoh/asthma/brochures.htm](http://www.health.state.ny.us/nysdoh/asthma/brochures.htm). You can also order them directly from the NYS Dept of health by dialing 311 and requesting Asthma Action Plan publications.

**Questions? Call Affinity's Quality Management Department at  
718-794-6009**