

Monitoring Patients on Persistent Medications

At least once each year, providers must monitor their patients 18 years of age and older who have received at least 180 days ambulatory medication therapy for a select therapeutic agent. The medications included in this QARR/HEDIS measure warrant monitoring and follow-up by the prescribing physician to assess for side effects and adjust drug dosage and therapeutic decisions accordingly. The medications and measure indicators are listed below:

- Annual monitoring for members on ACE-I or ARB's
 - Member has at least one serum potassium **and** either a serum creatinine or a blood urea nitrogen during the measurement year.

- Annual monitoring for members on Digoxin
 - Member has at least one serum potassium **and** either a serum creatinine or a blood urea nitrogen during the measurement year.

- Annual monitoring for members on Diuretics
 - Member has at least one serum potassium **and** either a serum creatinine or a blood urea nitrogen during the measurement year.

- Annual monitoring for members on anticonvulsants
 - Member has at least one drug serum concentration level for **each** anticonvulsant taken during the measurement year.

For more information, call Rosalind Coco, 718-794-6049.