Managed Care 101

BEACON HEALTH OPTIONS
What is Managed Behavioral Healthcare?

> Emerged in the 80s in an effort to control the rising cost of behavioral healthcare with the rising need for quality behavioral healthcare

> Provides a system of checks and balances to ensure
  > Quality of care
  > Access to providers
  > Accountability for positive outcomes

> Reduces the unnecessary utilization of services

> Contains costs while maintaining high performance

> Cost-effective behavioral health care
Affinity and Beacon’s Approach

> Our goal is for our members to receive the right care, at the right time, in the right setting.

> We partner together to integrate our member’s behavioral health and physical health needs and services to ensure complete care.

> This approach treats the whole person rather than their diagnosis to prevent fragmented care.
Affinity and Beacon’s Integrated Care Model

> Our **Integrated Care Model** is designed to:
>  > Promote healthy behavior
>  > Effectively manage chronic illness
>  > Eliminate barriers to treatment
>  > Increase service coordination and provider collaboration
>  > Contain health care costs
>  > Focus on the physical, behavioral, and psychosocial environment needs of the population, instead of a fragmented “silo” approach
>  > Proactive identification, outreach and assessment to intervene as early as possible along the wellness/disease continuum