

## Adult BMI Assessment – ABA

Intent: To identify the percentage of members who had an outpatient visit and whose body mass index (BMI) was documented the measurement year (MY) or the year prior (PY) to the measurement year.

Age: 18-74 years of age

Product Lines: Commercial, Medicaid, HARP

Timeframe: Measurement and prior year

**At a minimum for compliance, BMI documentation requires the following components:**

- BMI value and date of service
- Weight value and date of service
- For members ages 18 and 19, a height value, weight value, BMI percentile and date of service must be documented

### **How to submit compliant data:**

Encounters/claims, supplemental data and medical records

### **Tips and Recommendations**

- For members younger than 20 years old, a BMI percentile plotted on an age growth chart in the members chart is acceptable.
- BMI percentile documented must be definite and not written as a range.