



Annual Monitoring for Patients on Persistent Medication – MPM

Intent: Adults 18 years of age and older who received at least 180 treatment days of ambulatory medication therapy for a select therapeutic agent during the measurement year and at least one therapeutic monitoring event for the therapeutic agent in the measurement year

Age: 18 years and older

Product Lines: Commercial, Medicaid, HARP

Timeframe: The measurement year

Reporting Requirement: HEDIS®

At a minimum for compliance, MPM documentation requires the following components:

- Annual monitoring for members on angiotensin converting enzyme (ACE) inhibitors or angiotensin receptor blockers (ARB): Need either a lab panel test or a serum potassium test and a serum creatinine test
- Annual monitoring for patients on digoxin: Need either a lab panel test and a serum digoxin text, or a serum potassium test and a serum creatinine test and a serum digoxin test
- Annual monitoring for patients on diuretics: Need a lab panel test or a serum potassium test and a serum creatinine test

How to submit compliant data:

Encounters/claims, supplemental data and medical records

Tips and Recommendations

- Schedule a follow-up visit for no more than 30 days out, prior to patient leaving the office.
- Schedule two more visits in the five months after the first 30 days to continue to monitor your patient's progress.
- Document all elements of this visit, including new medications, patient's response to medication and lab test results.
- Review missing services list to identify patients.
- Code appropriately using the above codes as guidelines.
- Ensure progress note is closed out with a provider signature.