

Antidepressant Medication Management – AMM

Intent: Identify members with a diagnosis of major depression, who were treated with antidepressant medication and who remain on an antidepressant medication treatment.

Age: 18 years and older as of April 30 of the measurement year

Product Lines: Commercial, Medicaid, HARP

Timeframe: May 1 of the year prior to the measurement year - April 30 of the measurement year

At a minimum for compliance, AMM documentation requires the following two components:

- Effective acute phase - Patients who remained on an antidepressant medication for at least 84 days (12 weeks)
- Effective continuation phase - Patients who remained on an antidepressant medication for at least 180 days (6 months)

How to submit compliant data:

Encounters/claims and pharmacy data

Tips and Recommendations

- Educate patients on the importance of taking medications as ordered.
- Encourage patients to verbalize possible reasons for noncompliance. Together, explore ways to reduce the identified barriers.
- Assist patients in scheduling follow-up visits in advance.
- Maintain open communication with behavioral health providers to coordinate care.