



Controlling High Blood Pressure – CBP

Intent: Identify the percentage of members who had a diagnosis of hypertension and whose BP was controlled (<140/90 mm Hg) during the measurement year.

Age: 18-85 years of age

Product Lines: Commercial, Medicaid, Medicare, HARP

Timeframe: The measurement year

At a minimum for compliance, controlled high blood pressure requires the following component:

- The most recent adequate blood pressure reading (<140/90 mm Hg) during the measurement year

Practitioner type:

Primary care provider regardless of practitioner type

How to submit compliant data:

Encounters/claims, supplemental data and medical records

Tips and Recommendations

- A visit by the patient via telephone, online assessment, and/or telehealth can be used. However, only one of these visit types (with the diagnosis code for hypertension) can be submitted.
- Include the date of entry of diagnosis when documenting 'hypertension' on the Problem List section of the medical records.