

## Disease-Modifying Anti-Rheumatic Drug Therapy for Rheumatoid Arthritis – ART

Intent: Assess the percentage of members who were diagnosed with rheumatoid arthritis and were prescribed at least one prescription disease-modifying anti-rheumatic drug (DMARD).

Age: 18 years of age and older

Product Lines: Commercial, Medicaid, HARP

Timeframe: From January 1 - November 30 of the measurement year

**At a minimum for compliance, ART documentation requires the following component:**

- Evidence of anti-rheumatic medication

**How to submit compliant data:**

Encounters/claims and pharmacy data

### Tips and Recommendations

- Prescribe medications when indicated.
- Encourage members to verbalize possible reasons noncompliance. Together, explore ways to reduce them.
- Consider a 90-day prescription, when applicable.
- Refer to rheumatologist when appropriate for consultation and/or co-management.
- Member education on the benefits of regular exercise.
- Use appropriate coding from the Affinity coding guide.