



Metabolic Monitoring for Children and Adolescents on Antipsychotics – APM

Intent: Identify children and adolescents who were prescribed two or more antipsychotic prescriptions and had metabolic testing.

Age: 1-17 years of age as of December 31 of the measurement year

Product Lines: Commercial, Medicaid

Timeframe: January 1 - December 31 of the measurement year

At a minimum for compliance, APM documentation requires the following components:

Both of the following tests during the measurement year on the same or different dates of service:

- At least one test for blood glucose or glycated hemoglobin test (HbA1c)
- At least one test for LDL-C or cholesterol

How to submit compliant data:

Encounters/claims and supplemental data

Tips and Recommendations

- Discuss metabolic testing results with patient at a follow-up visit