CAGE-AID

Description: CAGE-AID Questionnaire
CAGE-AID (Adapted to Include Drugs) is a version of the CAGE alcohol screening questionnaire, adapted to include drug use. This four item screening tool takes approximately 1 minute to administer and score. The target population for the CAGE-AID is both adults and adolescents and can be administered by patient interview or self-report in a primary care setting.

Evidence

- Easy to administer, with good sensitivity and specificity (Leonardson, et al, 2005).
- More sensitive than original CAGE questionnaire for diagnosis of substance use disorder (Brown & Rounds, 1995)
- Less biased in term of education, income, and sex then the original CAGE questionnaire (Brown & Rounds, 1995).

Indications

- Intended as a brief clinical screening during primary care visits

Advantages

- The CAGE-AID is well suited for use in a primary care facility.
- Quick and easy to administer
- Easily incorporated into a medical history protocol or intake procedure

Limitations

- Screening for alcohol and drug usage conjointly rather than separately

The CAGE or CAGE-AID should be preceded by these two questions:
1. Do you drink alcohol?
2. Have you ever experimented with drugs?
If the patient has experimented with drugs, ask the CAGE-AID questions. If the patient only drinks alcohol, then ask the CAGE questions.

CAGE-AID Questions

1. In the last three months, have you felt you should cut down or stop drinking or using drugs?
Yes
No

2. In the last three months, has anyone annoyed you or gotten on your nerves by telling you to cut down or stop drinking or using drugs?
   Yes
   No

3. In the last three months, have you felt guilty or bad about how much you drink or use drugs?
   Yes
   No

4. In the last three months, have you been waking up wanting to have an alcoholic drink or use drugs?
   Yes
   No

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Scoring
Of the 4 items, a "yes" answer to one item indicates a possible substance use disorder and a need for further testing.

References

Tags: