Health and Recovery Plan (HARP)

What is HARP?
A HARP is a managed care product that manages physical health, mental health, and substance use services in an integrated way for adults with significant behavioral health needs (mental health or substance use).

What do HARPs do?
1. HARPs manage the Medicaid services for people who need them
2. HARPs also manage an enhanced benefit package of Home and Community-Based Services (HCBS).
3. HARPs provide enhanced care management for members to help them coordinate all their physical health, behavioral health and non-Medicaid support needs.

Who is eligible for HARPs?
People must be 21 or older to join a HARP, be insured only by Medicaid and be eligible for Medicaid managed care. They also have to be eligible for a HARP. People who are eligible will get a letter in the mail from New York State or New York Medicaid Choice.

Care Management is an important part of being in a HARP
1. Individuals identified as HARP eligible must be offered care management through a Health Home designated by NYS
2. Individuals working with their care manager will determine which home and community based services they are eligible for