THE CAGE and CAGE-AID QUESTIONS

(CAGE-AID is an adaptation to include drugs which is noted by italicized text)

Start by asking:

1. Do you drink alcohol?

2. Have you ever experimented with (or tried) drugs?

If the patient denies experimenting with drugs, leave out the italicized portion of the questions.

1. In the last three months, have you felt you should cut down or stop drinking or using drugs?  Yes  No

2. In the last three months, has anyone annoyed you or gotten on your nerves by telling you to cut down or stop drinking or using drugs?  Yes  No

3. In the last three months, have you felt guilty or bad about how much you drink or use?  Yes  No

4. In the last three months, have you been waking up wanting to have an alcoholic drink or use drugs?  Yes  No

Interpretation:
Each affirmative response earns one point. One point indicates a possible problem. Two points indicates a probable problem.