At least once each year, providers must monitor their patients 18 years of age and older who have received at least 180 days ambulatory medication therapy for a select therapeutic agent. The medications included in this QARR/HEDIS measure warrant monitoring and follow-up by the prescribing physician to assess for side effects and adjust drug dosage and therapeutic decisions accordingly. The medications and measure indicators are listed below:

- Annual monitoring for members on ACE-I or ARB’s
  - Member has at least one serum potassium and either a serum creatinine or a blood urea nitrogen during the measurement year.

- Annual monitoring for members on Digoxin
  - Member has at least one serum potassium and either a serum creatinine or a blood urea nitrogen during the measurement year.

- Annual monitoring for members on Diuretics
  - Member has at least one serum potassium and either a serum creatinine or a blood urea nitrogen during the measurement year.

- Annual monitoring for members on anticonvulsants
  - Member has at least one drug serum concentration level for each anticonvulsant taken during the measurement year.

For more information, call Rosalind Coco, 718-794-6049.